



# Anything Is Possible

*"All of us, regardless of our circumstances, have something important to contribute to our world. We can be as famous as any celebrity because we've all been given the same basic equipment, namely a mind and a heart. These can be our most valuable tools, as we carve out a path to success."*

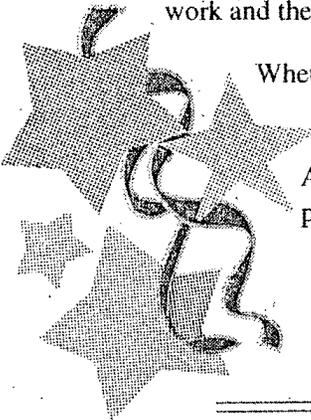
*Heather  
Whitestone*

**Heather Whitestone,  
Miss America 1995**



Negative thinking is our country's greatest disability. Often we allow the limitations that others perceive to keep us from achieving our goals. And sometimes we ourselves allow our own obstacles and challenges to get in the way of our success.

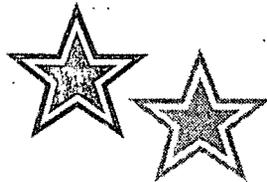
Yet I know from personal experience that anything truly is possible. Regardless of our physical abilities, our race, ethnicity or gender, or even our social or economic background, we can achieve our dreams if we believe in them and our capability to make them come true. Then, through hard work and the support of others, we can find a path to success.



Whether we face the challenge of a particular disability or not, we can show others with our lives that we can reach for the STARS and touch them, again and again. And we can always extend our hand to another person who is in need of our help or our support.

*REMEMBER, believe in yourself first, help others to believe in you, and always remember that I believe in you!*

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We All Can Be  
STARS



Before becoming Miss America, I worked with my family and friends to create a program that would help others to believe in themselves and build their own self-esteem. I call this program S.T.A.R.S. (SUCCESS THROUGH ACTION AND REALIZATION OF YOUR DREAMS) because I believe we all can reach for the STARS - and touch them.

Like the points of a star itself, I believe there are five important steps that help us realize our dreams. I've included them here for you to follow, in hopes they help you as much as they have helped me.

- ★ *Have a Positive Attitude.* When I was little, my mother taught me that the last four letters of the word American spell "I Can." To be a citizen of our great country means you *can* be whatever you choose to be.
- ★ *Believe In Your Dream.* Your very first dream should always be to pursue an education, which will enable you to open all the doors on your path to success. And, your educational achievements will always help you to continually reach for the STARS.
- ★ *Work Hard.* Don't let anyone convince you that there are any free rides in life. I know that's just not true. So, make the effort to achieve your dreams and you will be rewarded for your hard work.
- ★ *Face Your Obstacles.* Remember that your problems and challenges are not impossible obstacles. Instead, see them as opportunities for creative thinking, a way to find new solutions that you've never considered before.
- ★ *Build a Support Team.* Anyone can be a member of your support team -- friends, parents, teachers, counselors, clergy or others -- as long as they believe in you. Build a strong support team, and you'll never feel alone again.

There are many resources that exist for people with and without disabilities. The following organizations can provide valuable information about the Americans with Disabilities Act (ADA), Employment, Advocacy, and Independent Living:

The President's Committee's Job Accommodation Network (JAN): (800) 526-7234  
Disability and Business Technical Assistance Centers (ADA Information and Training): (800) 949-4-ADA  
National Council on Independent Living Centers (Independent Living/Advocacy): (703) 525-3406

Printed Courtesy of

=====  
Fruit of the Loom  
=====

(45560)

- 1) m-m
- 2) Hamp
- 3) Miss America
- 4) Gloria
- 5) Nan Ellen
- 6) Danny Delcambre
- 7) CHR

7:45

Jennifer Myers



# THE *Miss America Organization*

A SCHOLARSHIP PROGRAM

## MEDIA ADVISORY

In cooperation with Senator Richard Shelby's Office, we are pleased to advise you of the following press opportunity.

**WHO:** Miss America 1995, Alabama's Heather Whitestone

**WHAT:** Press Conference

Hosted by Senator Richard Shelby and the Alabama Delegation

**WHEN:** Wednesday, October 5, 1994  
10:30 a.m. - 11:30 a.m.

**WHERE:** U.S. Capitol  
Mansfield Room (S-207)

**WHY:** To announce Miss America's Official Platform, "*Anything is Possible.*"

According to Miss Whitestone, who became deaf at age 18 months, her experiences have shown her that the impossible is indeed possible and that individuals are responsible for overcoming obstacles in pursuit of their goals and dreams. She has developed the "Success Through Action and Realization of your dreamS" (STARS) program to aid and encourage others in their pursuits.

**FOR MORE INFORMATION, CONTACT:** Laura Cox -- (202) 224-6518  
(Senator Shelby's Office)

or

Mary McGinnis -- (609) 345-7571  
(Miss America Organization)



## ANYTHING IS POSSIBLE

Many young people in America today are challenged. Some face unthinkable adversities and, despite the odds, enjoy healthy and productive lives. Yet those who are unable to overcome their obstacles and find a path of productivity often suffer, in part, from an overwhelming lack of self-esteem and the absence of positive environments in which they are challenged to try, fail, try again, and ultimately, succeed.

In facing my own life's challenges, I have discovered a unique approach that I call **STARS: SUCCESS THROUGH ACTION AND REALIZATION (OF YOUR DREAMS)**. The five points of a star itself have continually reminded me that the essential elements to achieving success are: **To have a positive attitude; To believe in your dream**, especially education, which is a dream all Americans share; **To face your obstacles**, no matter how great; **To work hard**; and **To build a support team**.

As I travel this country in my role as Miss America, I will communicate the STARS approach to our nation's youth. I will teach them, through word and deed, the value of setting high goals, working hard and achieving their dreams and ambitions, reminding them that their actions speak louder than any words. I will also carry this message to parents, teachers, counselors, ministers and others who influence youth, imploring them to create the proper environments for young people to employ STARS and to serve as committed members of a young person's support team.

As a living example of a challenged person who has used a STARS approach to succeed, I will extend my hand to anyone in need of encouragement and love. I will ask them not to imitate me, but rather to believe in themselves and the power of their spirit. And I will reach out to specific groups with whom I share a special bond.

I will motivate all young people who are deaf or hard of hearing to pursue a broad range of communication and educational options in their lives, choosing those which best reflect their goals and encouraging them to choose the options that will build their self-esteem and, ultimately, ensure their success in life.

I will invite youth with disabilities to join me in reaching out to the nondisabled world -- without fear or concern -- to tear down the barriers of acceptance that still exist by demonstrating that their lives are about their abilities, not their disabilities. In doing so, I know they will find their own paths to success.

I will encourage all young people facing challenges to confront their obstacles with determination and confidence, avoiding the epidemic of negative thinking that has swept our country and robbed them of their self-esteem. I will help them to realize their own success by setting very clear goals and working hard to achieve them.

And I will challenge opinion leaders and those who influence youth to work ever harder at creating the proper environments for all young people -- disabled and nondisabled -- to confidently establish their own identity, helping them to find a productive place in our society, and inspiring them always to try, try again, and one day, to succeed.

To these young people and countless others, I will commit myself, speaking out on their behalf when they cannot. I will believe in their dreams. I will help them to work hard. And I will always be the very first member of their support team.

These promises I make today, the fifth day of October, 1994.

**Heather Whitestone, Miss America 1995**



**Miss America 1995  
Heather Whitestone**

Birmingham, Alabama

**Age:** 21

**Education**

Jacksonville State University, Alabama - Junior (Accounting)  
University of Montevallo - 1 year  
Recipient of a \$37,000 Miss America Scholarship

**Career Ambition**

To become a Certified Public Accountant and  
to teach dance to young children

**Other Facts**

Created and Implemented the **STARS** Program (**S**uccess **T**hrough **A**ction  
and **R**ealization of your dream**S**)

Serves on the Governor of Alabama Task Force for the Deaf and Hard-of-  
Hearing due to being profoundly deaf since childhood

Accomplished ballerina with fifteen years of dance training

College - Phi Eta Sigma Honor Society

**Platform**

**Youth Motivation:** *Anything Is Possible*

We have been placed here not by our choice, but by God's choosing. Each of us is a unique individual. Often we allow the limitations that others perceive to keep us from achieving our goals. It is our responsibility to overcome the barriers which prevent us from reaching for our dreams. As a profoundly deaf woman, my experiences have shown me the impossible is indeed possible. Everyday, I strive to be a positive role model. My **STARS** Program emphasizes that through hard work and positive self-esteem, anything is possible. The only thing that can stop you is you.



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These promises I make today, the fifth day of October, 1994.

**Heather Whitestone, Miss America 1995**

John - Katherine  
to file as  
you wish.  
Roy  
America  
of Miss  
Booth

THE WHITE HOUSE  
OFFICE OF DOMESTIC POLICY

CAROL H. RASCO  
Assistant to the President for Domestic Policy

To: \_\_\_\_\_

Draft response for POTUS  
and forward to CHR by: \_\_\_\_\_

Draft response for CHR by: \_\_\_\_\_

Please reply directly to the writer  
(copy to CHR) by: \_\_\_\_\_

Please advise by: \_\_\_\_\_

Let's discuss: \_\_\_\_\_

For your information: \_\_\_\_\_

Reply using form code: \_\_\_\_\_

File: \_\_\_\_\_

Send copy to (original to CHR): \_\_\_\_\_

Schedule ? :  Accept  Pending  Regret

Designee to attend: \_\_\_\_\_

Remarks: \_\_\_\_\_

\_\_\_\_\_ w/ Andrew Cuomo from

\_\_\_\_\_ 1:30 - 2:30 re:

\_\_\_\_\_ Interagency Council

\_\_\_\_\_ on Homelessness.

PRESCOTT v HEALY COMPANY LTD.

FAX TRANSMISSION

FEB 2 1995

TO: Carol Rasco

OF: Office of Domestic Policy

FAX: 202/456-7028

PHONE:

FROM: John Healy

DATE: 2/02

NUMBER OF PAGES: (INCLUDING COVER) 2

LOG CODE: 801

NOTES:

Original by mail

444 N. Michigan Avenue

Suite 2990

Chicago, Illinois 60611

If you experience any difficulty receiving this transmission, please contact the sender for assistance.



# THE Miss America Organization

A SCHOLARSHIP PROGRAM

February 1, 1995

Ms. Carol Rasco  
Assistant to the President for Domestic Policy  
OFFICE OF DOMESTIC POLICY  
Old Executive Office Building  
Washington, D.C. 20500

Dear Ms. Rasco:

On Wednesday, February 15, Heather Whitestone, Miss America 1995, will visit Washington, D.C. to address The National Press Club at their monthly Newsmakers Luncheon. She will speak about her role as the 75th Anniversary Miss America as well as her work on behalf of the disabled community. She also will announce her involvement in a major public service campaign on the early detection of deafness which will begin in March.

The Press Club has been kind enough to make a limited number of seats available at the luncheon to special guests of Heather and the Miss America Organization. We'd like to extend to you the opportunity to attend this special event.

*Yolanda Booth* P6/(b)(6)

If you wish to attend, please contact ~~Sherrie Burton at the Press Club (202) 662-7501~~ to purchase tickets and mention that you are attending at the invitation of MAO.

Thank you for your support and, if your schedule permits, we look forward to seeing you on February 15.

Sincerely,

*Leonard C. Horn*

Leonard C. Horn  
Chief Executive Officer

LCH/yb

*1:00 pm - 2:00 pm  
Speech  
will start*

*Press Club Ballroom  
(202) 662-7517*

*\$ 25.00*

*Prescott-Healy*  
P6/(b)(6)

*ticket @ Will Call / 60611*



# THE *Miss America Organization*

A SCHOLARSHIP PROGRAM

FEB - 7 1995

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Sincerely,

Leonard C. Horn  
Chief Executive Officer

LCH/yb



*Heather Whitestone*  
MISS AMERICA 1995

2-18-95

Dear Carol,

It was a pleasure to meet you. I hope I will have a chance to spend some time with you in the near future.

Would it be possible for you to send me a copy of this photo? God bless you.

Heather

Authentic  
Cajun  
Food



Delcambre's  
**RAGIN  
CAJUN**

1623 FIRST AVENUE  
SEATTLE WA  
624-2596  
Open Mon-Fri 11am-3pm  
Dinner Thur-Fri/Sat 5-8pm  
Breakfast Sat 9am-3pm

Authentic  
Cajun  
Food



Delcambre's  
**RAGIN  
CAJUN**

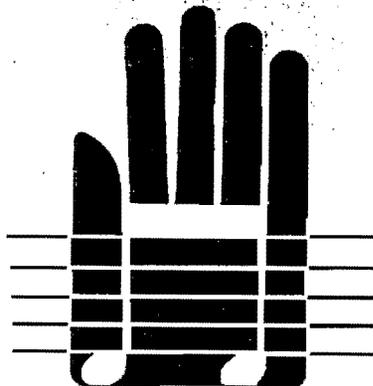
1523 FIRST AVENUE  
SEATTLE WA  
624-2596  
Open Mon-Fri 11am-3pm  
Dinner Thur-Fri/Sat 5-8pm  
Breakfast Sat 9am-3pm

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Handwritten text in a vertical column, possibly a list or a series of notes.

# BRIEF BIOGRAPHY

Miss  
America  
Now  
Ellen  
Devo



## ***DAVID PARKER***

*For additional information contact:*

*The Ghilarcci Agency.....*

508.822.3735 / 823.9614

FAX 508.880.6214

Whether appearing on the Nickelodeon Television network, performing on stage at the Kennedy Center or at a local elementary school, David loves to perform and his audiences know it!

This International performer has won the hearts of young and old alike throughout North America.

A versatile family entertainer, David incorporates sign language with upbeat music, lively dance, and audience participation.

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# David Parker

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"When we watch 'live performance' we take a lot for granted. We may appreciate the beauty of the body and mind in harmony for an expressive purpose, but seldom do we think about the wide range of skills it requires to bring about that harmony such as a well-honed sense of timing, effective transition when one phase of behavior is at an end and another begins, a sense of direction, and the precise control of movements. When you watch David, you will see that range of skills used in beautiful synchronization."

## PERFORMANCES

David Parker is nationally recognized as one of America's more versatile family entertainers. Known as "The Pied Piper of Sign," he brings his enchanting program to audiences at international children's festivals, theatres, family performing arts series, museums, and conventions. His wide repertoire and "audience appeal" will have parents and children participating with him in his "dance of the hands". David not only designs programs around your theme, he adds a special touch to create an occasion to remember!

## A DAY WITH DAVID

This is a one day residency that can include an in-service workshop with teachers before school starts; a school concert; lunch with a selected class for interviews or lunch with teachers; workshops with students; and a family concert in the evening. If you need two school concerts, you can replace the family concert with a second school concert. If your school would like to have two school concerts plus a family concert, a two day residency may be arranged. David will speak with your Principal or Head Teacher prior to the *Day with David* so that programs can be customized to meet the goals of your school. If you are interested in this type of residency, please inquire about expanded information.

## RESIDENCIES

In addition to a single performance, and a *Day with David*, David offers an "artist in residence" option. He could spend a block of time in your performing arts center, theater or museum with small groups of children and/or adults. Participants become involved in a sequence of workshops that further develop communication skills and self-esteem while encouraging group interaction. The end result of this residency could be a performance for the community!

## WORKSHOPS

David offers fast-paced interactive workshops. He blends music, movement, and humor with sign language for small informal groups. The session begins with warm-up exercises. David encourages even the most reticent participant to relax, join in, and have a good time! The pace continues as signs are introduced, practiced, and put into use with upbeat musical selections. Participants become immersed in activities designed to develop communication skills, enhance self-esteem, and to promote creative expression.

## TEACHER IN-SERVICE

In this workshop, David will both deliver and perform his message designed to put teachers into motion and spark their abilities to create a more positive learning environment for all students. To start, participants engage in warm-up activities geared to keep students involved. Teachers are acquainted to recognize and develop group learning strategies that increase student motivation and self-esteem. The training session further helps teachers to communicate efficiently and understand the impact of verbal and non-verbal messages on student success. Teachers are invited to step back and reflect on their experiences in this workshop and to investigate the ideas that they can implement or modify for their own classroom. They are invited to explore the interesting possibilities and use their imaginations to get their energy into motion.

For bookings:

*The Ghilarducci Agency*

724 Berkley Street, Berkley, MA 02779 508.822.3735/823.9684/fax: 880.6214

THE WHITE HOUSE  
WASHINGTON

January 25, 1995

Heather Whitestone  
Miss American 1995  
c/o The Miss America Organization  
P.O. Box 119  
Atlantic City, NJ 08404

Dear Heather:

The President would like to send the attached photos to some friends who work with us on issues related to deafness. Your signature would make these photos even more special for these special friends.

If you are ageeable to this request, please sign near the center and return them to my office.

We all enjoyed our visit with you and hope that you are enjoying your tenure as Miss America 1995!

With appreciation,



Carol H. Rasco  
Assistant to the President  
for Domestic Policy

CHR:ram